

## NWCCSAY CONCUSSION POLICY

### I. ODOH CONCUSSION INFORMATION SHEET

The Ohio Department of Health Concussion Information Sheet for Youth Organization (hereinafter the "Information Sheet") shall be distributed to parents via a link on the NWCCSAY website and link on the NWCCSAY Online Registration website.

### II. ONLINE CONCUSSION TRAINING

All coaches (including assistant coaches) and referees must take the concussion training online via the National Federation of High School (NFHS) coaches' website and email a copy of the completion certificate to NWCCSAY. No coach or assistant coach may participate in games or practice until the online training has been completed. A team's uniforms will not be provided to the head coach until NWCCSAY has received the completion certificates for the head coach and all assistant coaches.

### III. REMOVAL FROM PLAY

Ohio's Return to Play law features three key rules that its leagues, coaches, referees, officials, and athletes and their families must abide by:

**Rule One:** Coaches, referees, or officials **shall** remove from play a player exhibiting the signs and symptoms of a concussion during practice or a game.

**Rule Two:** The player cannot return to play on the same day that he or she is removed after exhibiting symptoms of a concussion.

**Rule Three:** The player is not permitted to return to play until he or she has been assessed by a physician or licensed health care provider and received **written** clearance.

### IV. NOTICE TO NWCCSAY THAT A PLAYER WAS REMOVED

- A. If a player is removed for exhibiting the signs and symptoms of a concussion during practice, the head coach **shall** report the removal via email to NWCCSAY.
- B. If a player is removed for exhibiting the signs and symptoms of a concussion during a game, the referees **shall** note the player's name and jersey number on the score card and indicate the reason the player was removed.

### IV. RETURN TO PLAY

If a player was removed for exhibiting the signs and symptoms of a concussion during a practice or game, a coach shall not allow the player to practice or play in a game until NWCCSAY informs the head coach that the player is cleared to play. NWCCSAY's will not clear a player until the parent or guardian of the athlete (or player if at least 18 years old) provides NWCCSAY with written clearance from a physician or licensed health care provider.